

PART E
SPECIFICATIONS

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GENERAL

E1. GENERAL

E1.1 These Specifications shall apply to the Work.

E2. BACKGROUND

E2.1 The goal is to enhance the well-being of Transit staff by enabling them to better deal with work and life stresses through treatment and relaxation massages.

E2.2 Transit has 1300 plus staff including approximately:

- (a) 950 bus operators
- (b) 300 maintenance employees.
- (c) 100 office staff

E2.3 Bus operators work early morning rush hours and are free thereafter until early afternoon.

E2.4 Maintenance employees take their lunch breaks from 11:00am to 11:30am.

E2.5 Office staff generally has lunch from 12:00pm to 1:00pm.

E2.6 Services shall be available Monday to Friday from 10:30am to 12:30 pm.

E2.7 The Work shall be done on an "as required" basis during the term of the Contract.

E2.7.1 The type and quantity of Work to be performed under this Contract shall be as authorized from time to time by the Contract Administrator and/or Users.

E2.7.2 Subject to GC.4.07, the City shall have no obligation under the Contract to purchase any quantity of any item in excess of its actual operational requirements.

E2.8 The City will provide a room at provided at Transit Fort Rouge Garage, 421 Osborne Street, Winnipeg, MB for use by the Contractor.

E2.9 The City will provide a table and chairs for the contractor to use for paperwork.

E3. SERVICES

E3.1 Massage therapy shall be offered to City of Winnipeg Transit staff on site at Transit Fort Rouge Garage in accordance with Massage Therapy Association of Manitoba guidelines.

- (a) Contractor shall provide massage table, massage creams, medical history forms and consent forms.
- (b) Contractor shall keep all patient information confidential and kept off site.

E3.2 Assessment for the purposes of recommending treatment per Massage Therapy Association of Manitoba guidelines.

E3.3 Myofascial treatment per Massage Therapy Association of Manitoba guidelines.

E3.4 Trigger point treatments treatment per Massage Therapy Association of Manitoba guidelines.

E3.5 Lymphatic drainage treatment per Massage Therapy Association of Manitoba guidelines.