

Free Showers

Ma Mawi Wi Chi Itata Centre **204-925-6816**
363 McGregor St

Main Street Project..... **204-982-8229**
Shower and two sinks for those accessing 75 Martha St
the shelter or drop-in Mon-Sun 7am-7pm

Resource Assistance for Youth..... **204-783-5617**
(ages 29 and under) 125 Sherbrook St
Showers and basic needs available on drop-in basis:
Mon-Fri, 1pm-3pm

Siloam Mission **204-956-4344**
Showers available for people staying at the shelter
300 Princess St

Union Gospel Mission..... **204-943-9904**
Showers available to men and women: 320 Princess St
Mon-Fri: 2pm-4pm
Clothing is also available

West Central Women's Resource Centre **204-774-8975**
Showers available to women-identified people 640 Ellice Ave
Shampoo kit available, feminine hygiene products available

211 Manitoba **211**
free, confidential 24/7 (non-crisis) community/social resource info line.
mb.211.ca

If you are in immediate danger, please call 9-1-1.
Police Non-Emergency 204-986-6222 | TTY: 204-942-7920

 @WpgSafety

winnipegssafety.ca



*Disclaimer: These resources are provided for information purposes only.
The WCFS does not necessarily endorse the resources listed.*

WHO DO I CALL?

Street Outreach

Everyone deserves to be treated with respect and dignity, regardless of if they are housed or not. The resources below can support people who are experiencing homelessness and other barriers.

Amoowigamig Public Washroom..... 715 Main St
7 days/week: 7 am-11 pm Hygiene and harm reduction
supplies available

Bear Clan
North End / Downtown **204-306-8571**
West Broadway..... **204-794-3568**

Homeless Outreach Community Support (HOCS)
(WRHA) **204-794-3804**

Ma Mawi Wi Chi Itata Centre **204-330-3300**
Outreach van 445 King St

Main Street Project Van Patrol **204-982-8245**
12am-8pm daily

Mama Bear Clan **204-947-0321**
Patrol North Point Douglas and Main St on Fridays

Mobile Assist and Connect Team (MAC247)..... **204-958-4640**

Ndinawemaaganag Endaawaad Inc **204-417-7233**
Outreach Van: 4:30 pm - midnight

North Point Douglas Women's Centre **204-947-0321**
221 Austin St N

Resource Assistance for Youth	204-391-2209
Mon-Fri 5:30pm-9pm	125 Sherbrook St
Sage House	204-943-6379
Mon-Thurs: 1pm-5pm, Fri: 1pm-9pm	422 Dufferin Ave
St Boniface Street Links	204-615-5557
.....	204-294-7637
	311 Provencher Blvd
Salvation Army (outreach van)	204-946-9402
11pm-4am (when below -15)	180 Henry St
Street Connections	204-981-0742
Mon-Fri 6pm-11pm, Sat: 5pm-10:30pm	496 Hargrave St
Nurse available in van	
West End 24 (WE24)	204-333-9681 (cell)
Office	204-783-5000 ext 111
Youth ages 13-26 11pm-7am	430 Langside St

Free Laundry

Acorn Place	204-560-3141
Laundry available for people with children under age 6	222 Furby St
Mon, Tues, Thurs & Fri - 9 - 4 pm / Wed – 1 - 4 pm	
Andrews Street Family Place	204-589-1721
Laundry available to community members	220 Andrews St
Mon-Fri: 9:30am-4:30pm	
Must bring own soap, limit 2 loads per household, daily	
Ma Mawi Wi Chi Itata Centre	204-925-6816
	363 McGregor St
North Point Douglas Women's Centre	204-947-0321
Drop-in Mon/Wed/Fri: 9am-5pm	221 Austin St
Resource Assistance for Youth	204-783-5617 ext 810
For youth age 29 and under	125 Sherbrook St
Call to pre-book (1 week in advance)	
Laundry soap provided	
Sunshine House	204-783-8565
For 2SLGBTQIA+ community	646 Logan Ave
Laundry available during drop-in hours:	
Mon-Wed 2pm-4pm	
Please call ahead to confirm	
West Central Women's Resource Centre	204-774-8975
Laundry available to women-identified people	640 Ellice Ave
Mon-Wed 2pm -4:30pm	
Sign-up ahead of time	